

Stopping Medications Prior To Your Surgery

Information for Patients of Dr David A Parker

The following medications can interfere with surgery and therefore may need to be stopped temporarily around the time of your surgery.

The general recommendations are set out below. Please discuss this with Dr Parker if you are unsure as to what you should do before your surgery.

- **Aspirin** Cease 1 week preoperatively
- **Anti-inflammatory Agents** Cease 1 week preoperatively
- **Lipid lowering agents** Cease 1 day preoperatively and resume when stable and eating a full diet
- **Oral Contraceptives** In high risk surgery stop at least 4 weeks preop and during any period of postoperative immobility.

In low risk surgery discuss risk of DVT versus risk of unwanted pregnancy (mostly continue with contraceptive)
- **HRT** Cease at least 4 weeks preop and during postoperative immobility
- **Estrogen receptor modulators** Same as for HRT – discuss with Oncologist
- **MAO Inhibitors** Discuss with Anaesthetist
- **Herbal Products** Stop 2 weeks preoperatively
- **Warfarin** Stop 5 days preoperatively after consultation with your General Practitioner and / or Specialist